

2012 Prohibited List released

The World Anti-Doping Agency (WADA) has released the 2012 Prohibited List which will come into effect on 1 January 2012.

The major change to the 2012 List which will affect Australian athletes and support personnel is to inhaled formoterol.

In its announcement of the 2012 List WADA advised that, “The List prohibits the administration of all beta-2 agonists except salbutamol (maximum 1600 micrograms over 24 hours), salmeterol when taken by inhalation, and now formoterol (maximum 36 micrograms taken over 24 hours).”

WADA also has a monitoring program that focuses on substances which are not on the Prohibited List, but which it wishes to monitor in order to detect patterns of misuse in sport. WADA has confirmed that in 2012 it will be monitoring the effects nicotine can have on performance when taken in oral tobacco products such as snus. WADA stressed that it was not the Agency’s intention to target smokers.

Further information about the new Prohibited List can be found on the Australian Sports Anti-Doping Authority [website](#) and WADA [website](#).

Athletes can re-check the status of their medications at any time by referring to the [Check Your Substances tool](#) on the ASADA website. The [Check Your Substances tool](#) will be updated to reflect the 2012 changes on 23 December 2011.